

HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

August 2022



I hope that everyone has been enjoying the summer and coped with the ridiculous temperatures that we saw in July. There has been an increase in Covid cases and we are asking that if you can, then please wear a face mask when visiting the surgery. The staff are now wearing them, again. We have had more people off over the summer, than we had throughout the entire pandemic!

A massive thank you..

..to everyone who came to the summer proms concert at Peters church on the 16th July. It was an amazing evening and raised a whopping £1500 for the Friends of Hastings House Charity.

Obviously the night could not have gone ahead without all the amazing volunteers that made the night possible and the fantastic contribution of all the musicians. So a big thank you to everyone involved.



Our PPG will be carrying out a patient survey in the Autumn. Keep your eye out for paper copies in the surgery and links to the online version on our website and Facebook page. Your opinion is really important to us.



HAVE YOU ATTENDED YOUR DIABETIC EYE SCREENING APPOINTMENT?

Eye screening is an important part of your diabetes care. Retinopathy often has no symptoms until the disease is advanced. If left undetected, it can lead to blindness.

To book an appointment, call us on 0333 456 7670

Useful Contact Numbers

Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

As well as our website, did you know that we have a Facebook page and Twitter account?








Appointment Update: To book a routine appointment, please try to complete an eConsult if you can as this is the most efficient way. If this is not possible then we operate a book on the day system. The telephone lines open at 8am and if we are very busy you will be offered a call back. If you choose this option you will not lose your place in the queue.

You do not need to phone on the day or complete an eConsult if you require a routine nurse appointment for example a blood test, dressing or a smear, have received correspondence from us or if you are asking for test results. Please call at any time during the day (avoiding 8am—9am our busy time) and we can help you with your query.



Helping you  Choose well.

 South Warwickshire
NHS Foundation Trust

	A&E and 999	Choking Blackout Blood loss Broken bones	Accident and Emergency is for serious, life-threatening conditions that need immediate medical attention.
	Minor Injuries Unit	Strains Sprains Stitches	Walk-in centres, urgent care centres and minor injuries units give healthcare and advice.
	GP/Doctor	Diarrhoea Ongoing symptoms Runny nose	You can make an appointment with a doctor for medical advice, examinations and prescriptions.
	Pharmacist	Diarrhoea Headache Runny nose	Pharmacies can be found locally. Your local pharmacist can give you advice on illnesses and medicines.
	NHS 111	Unsure? Unwell? Confused? Need help?	If you need medical help fast but it's not a 999 emergency, call 111 which is available 24/7.
	Self Care	Coughs Grazed knees Sore throats Other minor issues	A lot of illnesses can be treated in your home by using over the counter medicine and getting plenty of rest.

The demand for appointments is extremely high, there are many alternatives to help you choose the right care so that we can help those who need our care the most.

From this month you will now be able to book certain appointments online using the NHS app. We are starting with Cervical Screening (smear) appointments and NHS health checks for 40-74 year olds. Please only book these appointments if you have had a letter or text. they are invite only. Watch this space though for more on line booking availability over the next couple of months.

Keep your eyes and ears open for this Autumns flu vaccination campaign. We are waiting for information regarding this and Covid vaccines and we will let you know as soon as we know.

Staff Training dates 2022

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates for staff training:

- 22nd September 2022
- 19th October 2022
- 24th November 2022

Out of hours info will be available on our phone system.

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email admin.hastings@nhs.net