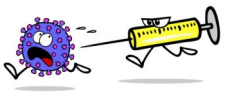
HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

September



Autumn is on its way and that means flu vaccines. We will be starting the vaccine programme this month with children and pregnant women and moving on to other eligible adults in October. This is later than previous years but it is preferable to vaccinate as close to the peak of the flu season as possible to ensure the effectiveness of the vaccine. Covid vaccine information will follow shortly.

Our annual Flu event will also be taking place in the village hall on Friday the 11th October.

Spotlight on repeat Medication

We ask for **5 working days** to process repeat prescriptions so remember to order when you still have at least a weeks worth of medication left. If we dispense for you we will email you when your prescription is ready. We often have prescriptions ready sooner but do not rely on this, there are many factors that mean your prescription may take longer.

One way to ensure that we can issue your medication in a timely manner and to avoid any issues, is to **make sure that you book your annual review as soon as you are invited.** These should be in your birthday month, to make it easy to remember. You will be invited by letter or text and you should follow the instructions given.

All our communication with you is dependant on us having the correct contact information for you, so please make sure we have your email and telephone number.



According to the UK Rare Disease Framework, 1 in 17 people will be affected by a rare disease at some point of their life. Every year, new genetic conditions are discovered.

The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic condition and raises money to fund projects that make a tangible difference to the lives of those affected.

Hastings House are supporting Jeans for Genes this month. We will be wearing our denim on Thursday the 19th September to raise money for children affected by genetic conditions.

RSV Vaccine

If you are 75 years old on or after the 1st September 2024, or you are 28 weeks pregnant, you will be offered a single dose of the RSV Vaccine.

For the first year of the programme, the vaccine will also be offered to those who are already aged 75 to 79 years on the 1st September 2024 as part of a catch up programme.

If you are eligible you will be invited for the vaccine but you can also call us to book in without waiting for your invite.

This cannot be given at the same time as Flu and Covid.

Save the date!!

Could it be menopause?

Wednesdays October 16th 7-9pm

Speaker Deborah Thomas Physiotherapist

"Discussing an holistic approach to coping with changes within the female body during the Menopause"

HASTINGS HOUSE MEDICAL CENTRE



Staff Training dates 2024

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Thursday 19th September
- Wednesday 16th October
- Thursday 14th November

Out of hours info will be available on our phone system.

Regular eye screenings is crucial for diabetic patients to prevent potential vision loss.
In the first half of 2024, 299 people were booked for their diabetic eye screening, yet only 252 attended…..34 of these people just didn't turn up whilst the other 13 cancelled.
If you need support to attend these appointments, please let us know and we will put you in touch with the eye screening engagement team.



Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net