

HASTINGS HOUSE MEDICAL CENTRE

SURGERY NEWSLETTER

March 2024



We are extremely sad to bring you the news that our wonderful Heidi is retiring this month. Heidi has been with the practice for many years. Her expertise, enthusiasm and passion for her role are hard to emulate. I am sure you will all join us in wishing her a relaxing retirement. If you would like to say goodbye to Heidi then please drop in towards the end of our carer's event on Thursday 21st March, which runs from 1.30pm until 3pm. Her replacement, Emma, will be starting with us in March and she will introduce herself next month.

A letter from Heidi

As some of you may be aware, I am retiring from my job as Community Practice Nurse on March the 21st 2024. I have enjoyed a very long varied nursing career spanning 42 years and working at Hastings House has been one of my happiest times. I will be sad to leave such a wonderful team of people and I thank them for their wonderful support, love and kindness. Wellesbourne is so incredibly lucky to have such an amazing Medical Centre within the heart of the village.

I would also like to thank all the statutory, voluntary and charity groups in the village who have supported me over the years. My replacement will be Emma Bullingham, a very experienced community nurse who I am sure will introduce herself shortly and I wish her well in her new role.

Finally, thank you to all my patients, their families and carers for allowing me to nurse and support you when you have needed it, I have met some amazing brave people.

*Goodbye and all my love
Heidi*



Carers event!

Thursday 21st March

1.30pm — 3pm

Come and join us for a cuppa and to find out what information and support is available

Lots of varied information



Tea and biscuits



The surgery will be closed except for this event

DVLA Medicals



Please contact the surgery to book your DVLA medical **as soon as you receive your reminder letter.**

The medical needs a 40 minute appointment which we need to pre book into our booking system.

Unfortunately we will not be able to book this in at short notice and this could lead to the loss of your licence.



Visit your Pharmacy First!

Pharmacy First is a new free service launched in January by the NHS with the aim of freeing up millions of GP appointments and ensuring patients can receive treatment for minor illness on the same day.

If you have any of the conditions listed you can self refer to the Pharmacy First service by dialling the surgery number and following the phone options listed.

You will be booked an appointment to speak to/see a local Pharmacist who can then provide you with the correct treatment, including Prescriptions.

- Sinusitis
- Sore throat
- Earache (children)
- Infected insect bite
- Impetigo
- Shingles
- Urinary tract infection (women)

HAPPY EASTER

from everyone at Hastings House

Please remember that we are closed from 6.30pm on Thursday 28th of March and we will re-open at 8am on Tuesday the 2nd of April.

The eConsult service will be unavailable from 12.30pm on Thursday 28th March until 8am on Tuesday 2nd April.

If you require medical advice over the holiday period, please dial 111



FRIENDS OF HASTINGS HOUSE supporting your wellbeing

Easter Raffle

Win an Easter Hamper

Draw will take place at Midday
on Wednesday 27th March
2024 at Hastings House

Tickets
£1.00 each



Staff Training dates 2024

Please be aware that practices across South Warwickshire will be closed from 12.30pm on the following dates (until 8am the following day) for staff training:

- Thursday 21st March
- Wednesday 24th April

Out of hours info will be available on our phone system

Useful Contact Numbers

Hastings House	01789 840245
Out of hours service	111
NHS Direct 24/7	111
Mental Health Helpline	0800 616 171
Warwick Hospital	01926 495321
UHCW	02476 964000
Ambulance Transport	01926 310312
VASA	01789 262889
District Nurse	01926 600818

Contact us online

There are many ways of contacting the surgery without having to call or visit in person, saving travel and time.

Complete an eConsult/on line consultation on our website.

Repeat medication can be ordered on our website, or via the NHS App direct to your choice of pharmacy.

The NHS App will also allow you to view your immunisations and test results.

For admin queries please email: swg-tr.admin.hastings@nhs.net